



# *Capsule Wardrobe*

## PLANNING GUIDE

20 Items —> +36 Outfits

*Sample*



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## GETTING STARTED

Welcome to your own personal guide to curating the perfect capsule wardrobe for YOU!

This workbook features an exercise designed to help you identify your color palette for your capsule wardrobe.

If you haven't done this already, it can help to give your closet a good detox before you get started. Sell, give away, donate, or bin anything that no longer fits, that doesn't flatter you, or that you never wear – unless you can't part with it for sentimental reasons, of course! What you should have left are the pieces that you absolutely **love** to wear and want to include in your capsule!

For all intents and purposes, this guide uses the example of a capsule wardrobe with 20 items, including: shoes and handbags. Based on your lifestyle, tweak this as necessary – 20 items can serve as your capsule or you can add more once you get this capsule as your foundation. Find a number that's comfortable for you... or don't worry about numbers at all!

## HOW TO BEST USE THE CAPSULE WARDROBE PLANNING GUIDE

Both the capsule wardrobe and outfit guide are meant to be flexible. You can either follow the capsule pieces and outfits exactly as shown, or you can use the general idea of each item help you interpret the items and outfits in a way that suits your life and style.

## HOW TO ADAPT THE CAPSULE WARDROBE

Don't stress about having pieces that look exactly like the ones shown or that use the same prints and colors. Instead, look at each piece and use any piece you want that fits the description. For example, the printed top doesn't have to be stripes, it could be polkadots or stars, it's up to you.

Also, 20 pieces are shown, but you are welcome to add to this list, omit things you don't like, or substitute items that won't work for your lifestyle. For example, if you don't like skirts, add shorts or more pants instead.





## **TIPS AND TRICKS TO STYLE YOUR CAPSULE**

**ACCESSORIES** are an easy and inexpensive way to update your basics each season.

**A STATEMENT NECKLACE** will elevate a simple tee and jeans to the next level

Your purse and shoes **NO LONGER** need to match

Try **MIXING** silver, gold or rose gold

**A LEOPARD PRINT** is a neutral, it plays well with every color

Try mixing **NEUTRALS** together, like black and brown

You can **WEAR WHITE** after Labor Day!

**MIXING PATTERNS** is ok - Try mixing bigger and smaller prints; make sure they have at least one unifying color; stripes and leopard, stripes with floral or leopard with plaid look great together

**ALL BLACK ALWAYS WORKS** - fool proof and chic

**FIT IS KEY** so don't buy clothes too big or too small, and don't be afraid to have an inexpensive item tailored  
to fit better

**TRENDS ARE NOT BAD**, but should not make up your whole wardrobe. Think 90% timeless items and 10% trendy/fun

**Bargains** are not always the better deal, think of your **COST PER WEAR**.



# YOUR COLOR PALETTE

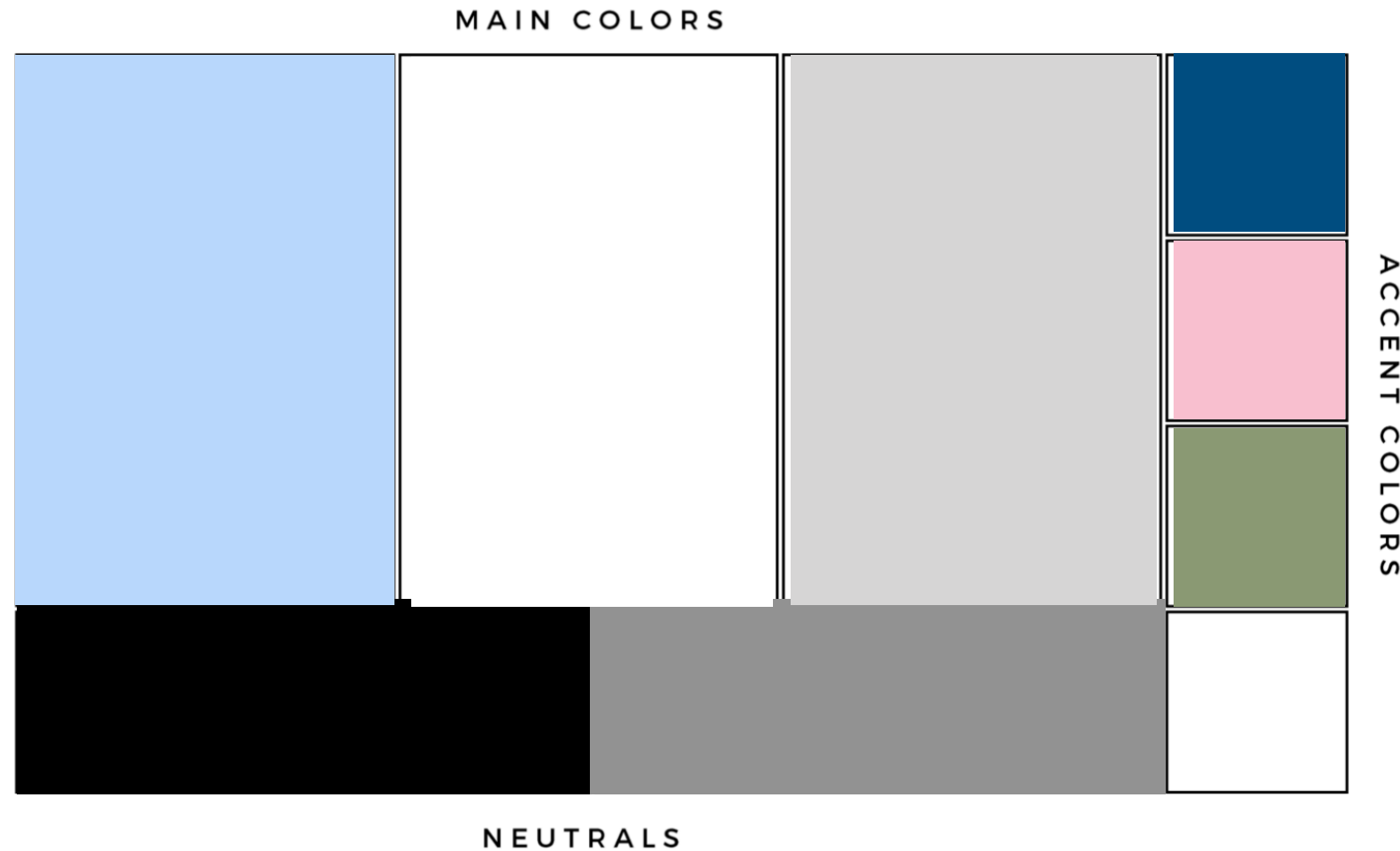
MAIN COLORS			ACCENT COLORS
NEUTRALS			

*What colors are you drawn to? What colors do you feel good in? Use the boxes above to develop your personal color scheme.*

Defining your color palette (or not) is what can make or break your capsule, so selecting a cohesive and complementary range of colors is key to ensuring a fun and successful capsule wardrobe. This doesn't mean all neutrals and no color; quite the contrary. Take a look at your closet and see what shades immediately jump out at you; look at what colors you're wearing on a daily basis. These will help you to identify your main and accent colors. It's best to select colors that you already have in your closet, unless you have budget set aside to pick up some new pieces to create a whole new wardrobe.



# EXAMPLE COLOR PALETTE




## HOW TO APPLY YOUR COLOR PALETTE

📌 To ensure the same outfit flexibility for your palette: When deciding what color to use for an item, note the color category that the piece in the plan uses. Apply a color from the same category in your color palette. FOR EXAMPLE: The color palette uses navy as an accent color and in the wardrobe it's a dress. Use any accent color in your color palette for this piece.

📌 You can create more outfits than what's listed here, but 36 is a great start!



# INTENTIONAL COLOR PALETTE GUIDE

Main Color	Complimentary Colors						Tonal Colors	
 PINK								
 RED								
 ORANGE								
 BEIGE								
 YELLOW								
 GREEN								
 LIGHT BLUE								
 DARK BLUE								
 PURPLE								
 BROWN								
 GREY								

# Your 20 Items



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